

FINAL INSTRUCTIONS / INFORMATION FOR SATURDAY, NOVEMBER 14TH.

ALL FINAL INFORMATION CAN BE FOUND AT DLPROTIMING.ORG

Part 1 – General Info

1. Be respectful and grateful to all volunteers, workers and personnel at this event. They are here for you but DO NOT work for you.
2. Your cooperation in following the guidelines below will help ensure the success of this event and its continued structure in future years. Your failure to comply with any of our guidelines puts all attendees in serious jeopardy.

Part 2 – Health Related Info

- 1. ALL attendees tomorrow must complete the online Covid questionnaire before being allowed inside the complex. Families may use the same form. Here is the form: [COVID-19 QUESTIONNAIRE](#) . It will also be emailed to all registrants and available at DLProtiming.org**
2. Anyone that is currently subject to quarantine, even without symptoms, is NOT ALLOWED on the premises.
3. All attendees must wear a mask. Runners are not required to wear masks while running (warmup, racing, etc), however, they should have masks on them or near them at all times.
4. Practice social distancing at all times
5. When standing in line for: entry, bibs, tshirts, bathrooms please keep 6 feet from other parties
6. When standing in line for any reason, please have only 1 person in that line. Example: Only 1 person p/ runner should stand in the bib and tshirt pick up area.
7. There will NOT be a trainer on site.

Part 2 – Pre/Post Related Info

- 1. All sponsored runners in the Elite Team Race AND Moneyball sportswear team must pick up their bibs at their team tent.**
2. Please go to DLProtiming.org and find your bib # on the Bib List. This will help our volunteers find your bib quicker.
3. Do not attempt to pick up your bib earlier than the allotted time frame.
4. If you are picking up a bib for someone that is not running, you may do so at the same time as you pick up your bib
5. No size exchanges on shirts. We ordered your shirt based on the size you submitted
6. Do not bend, crease or remove the tags applied to your bib.
7. Runners can take masks off 5 minutes prior to the start of the race and must put mask back on after race when proximity and physical well-being allow so.

8. Please exit the park as efficiently as possible. We want all spectators to enjoy the day however, excessive congregating will be problematic.
9. The parking lots must be cleared by 12:40pm so that the girls sections of races can begin.
- 10.

Part 3 – Race Info

1. IMPORTANT: There is NO congregation allowed at the starting / finish line area. This will be heavily enforced. Once a runner has finished he/she and their families must head to a less congested area immediately.
2. Races will be run on time.
3. Results will be available instantly at: anet.live/MMOC20 and Arrowliveresults.com. All races will be reviewed in a timely fashion and final OFFICIAL results will be posted to athletic.net
4. Live Stream of all events can be found at: freetracklive.com

Part 4 – Final Info

1. As a new concept event, we expect a few hiccups. Be patient. “It’s a cross country event, not paradise.” – Tom Micallef.
2. EVERYONE that is attending must recognize that the health, wellbeing and overall safety of the runners, spectators, volunteers, etc is of the highest importance. Meet Management will 100% not tolerate anyone who refuses to adhere to our mask and overall Covid policies.
3. This is an opportunity for the great student-athletes of Michigan to take part in a special event. DON’T BLOW IT.
4. Have Fun, BE SAFE and RESPECTFUL.